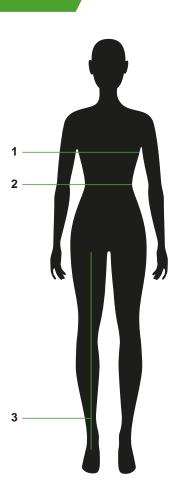
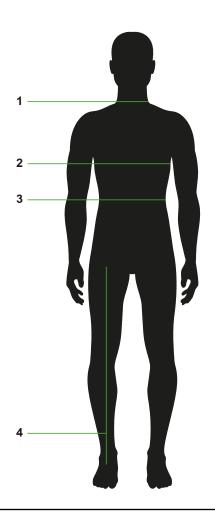
## **GARMETS SIZING GUIDE**

## **MEASUREMENT GUIDE**

It is important to measure your body accurately for garment to fit correctly. Measure over light clothing or underwear. Make no extra allowance for movement ease, we do that for you when designing our products.





## **LADIES**

#### 1. BUST

Measure around the fullest part.

#### 2. WAIST

Measure around the natural waistline.

#### 3. LEG LENGTH

Measure from top of inside leg to the required length.

### MEN

#### 1. COLLAR

Measure around the base of neck and make sure the tape fits comfortably.

#### 2 CHEST

Measure the fullest part of the chest normally under the arms.

#### 3. WAIST

Measure around the natural waistline.

#### 4. LEG LENGTH

Measure from top of inside leg to the required length.

### **GARMENT CARE**

We take great care to use quality fabrics for all our ranges. Garment and fabrics are tested under carefully monitored conditions in accordance with recognised standards. Wash tests check for colour fastness, shrink resistance and care label accuracy. Wear test are undertaken to check the serviceability and longevity of garments.

### **LAUNDERING**

Always refer to the care label before laundering and ensure the care label instructions are adhered to. Always wash dark colours separately. Fabric softeners and conditioners may prove detrimental to the performance of some garments

## GARMENT SHRINKAGE

Excessive shrinkage is primarily due to factors such as heat and major agitation during the wash cycle. Always wash as per the instruction as stated on the care label.

## PILLING & BOBBLING

Abrasion and timely washing of garment with fabric softeners leads to fibre balls appearing on the surface of the fabric. Remove balls by mild surface brushing. We strongly recommend not to use fabric conditioners in the wash.

## TRIMS AND ACCESSORIES

Trims and accessories like zips, toggles, pocket linings and elastic cords are constructed for normal use.

#### COLOUR STAINING

Wash similar colour garments together. Do not leave damp garments together for any length of time.

# **GARMETS SIZING GUIDE**

## **LADIES SIZING**

#### POLOSHIRTS, FLEECES AND SOFTSHELL

SIZE	XS/8	S/10	M/12	L/14	XL/16	2XL/18	3XL/20	4XL/22
TO FIT	32"	34"	36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"

## BLOUSES

SIZE	6	8	10	12	14	16	18	20	22	24	26	28	30
TO FIT	30"	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"	54"

#### TUNICS

SIZE	6	8	10	12	14	16	18	20	22	24	26	28	30
TO FIT	32"	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"	"	56"
CHEST	32	34	36	38	40	42	44	46	48	50	52	54"	56

## **MEN'S SIZING**

## T-SHIRTS, POLOSHIRTS, FLEECES, JACKETS AND SOFTSHELL

SIZE	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL	9XL	10XL
TO FIT	36"	38"	40-42"	42-44"	46–48"	50"	52"	54-56"	56-58"	60-62"	62-64"	66"	68"	68"

### SHIRTS

SIZE	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22	23
TO FIT	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"	54"	56"	58 <b>"</b>	60"	62"	64"

### TUNICS

SIZE	XS	S	M	L	XL	2XL	3XL
TO FIT CHEST	34-36"	38-40"	42-44"	46-48"	50-52"	54-56"	58-60"

The chest sizes shown are a to fit body size. These are not the actual size of the garment which will be larger than the chest size shown to allow the wearer movement and to fit into the gabetween 2" / 5cm to 5" / 10cm depending on the garment comfortably. The garment measurement will vary on style and fit.

# Hand sizing chart

